

"Blessed Are You" Bereavement Conference

Sponsored by **Catholic Cemeteries and the Office of Faith Formation - Diocese of Rockville Centre**

For the bereaved and those ministering to them - All faiths welcome

Saturday, March 17, 2012 ~ 8:30 am-5:30 pm



Kellenberg Memorial High School, Uniondale NY

CONFERENCE SCHEDULE

8:30	Registration	(lobby)
	Continental Breakfast	(cafeteria)
9:30	Welcome	(auditorium)
	Kathleen Logan, M.A., M.S.	
	Associate Director Family Ministry	
	Office of Faith Formation, DRVC	
9:45	Keynote Address	(auditorium)
	Reverend Tony Stanganelli	
	Diocese of Rockville Centre	
10:45	Break	
11:15	Workshop - Session I	(classrooms)
12:30	Lunch & Bookstore	(cafeteria & lobby)
1:30	Workshop - Session II	(classrooms)
2:45	Break	(lobby)
3:00	Workshop - Session III	(classrooms)
4:15	Break	(lobby)
4:30	Eucharistic Celebration	(auditorium)
	Celebrant: Reverend Tony Stanganelli	

** Book and Information Tables are available throughout the day

Keynote Address:

BLESSED ARE YOU...

Keynote Address by Father Tony Stanganelli who has been a priest of the Diocese of Rockville Centre for thirty-three years. He holds a licentiate degree in dogmatic studies from the Pontifical Gregorian University in Rome. Besides teaching and lecturing, Father has served as both an associate pastor and pastor in various parishes throughout our diocese. He is currently the pastor of SS. Philip and James Church in Saint James.

In the time surrounding the loss of someone, we hear the beatitudes of Jesus and we immediately apply the blessings to our departed loved one. "They are no longer suffering. . . They are in a better place." Our Father wants to bless us, however, at a time when we may not particularly feel as if we are under his blessing. How does the Father bless us when we mourn? How can we open our heart to the One who wants to wipe away our tears?

Directions to Kellenberg High School:

Southern State Pkwy. or Northern State Pkwy. to Meadowbrook Pkwy, to Exit M4-West (NY 24 - Hempstead Tpke). Make left at first traffic light onto Glenn Curtiss Blvd. (former EAB Bldg. is on left corner, Marriott Hotel & Veterans Coliseum on the right). Pass 2 traffic lights and make first right onto Kellenberg campus. Proceed to school building, go up the steps to enter main lobby.

WORKSHOPS

Choose 3 - one from each time slot

A few workshops may be offered twice
Some workshops may be cancelled due to low registration

SPECIFIC LOSS

- 1. Supporting Survivors of Suicide Loss** (Session I)
Dale Camhi, Metro-NY Regional Director American Foundation for Suicide Prevention.
Strategies and resources for coping with suicide loss. All survivors of suicide and group facilitators are invited to attend.
- 2. Healing from Trauma and Sudden Death Loss** (Session I)
Bernadette Cioch, Former Director of Suffolk County Critical Incident Stress Management Team. Author of the book, "Embracing the Wounds".
An interactive presentation about the need for healing from trauma and loss. Will include prayer, presentation, discussion and handouts to explore this much needed topic.
- 3. Re-defining Yourself After Losing A Spouse** (Session I)
Anne Chapman Kane, Ph.D, Certificate in Psychoanalysis & Psychotherapy Clinical psychologist who works with the dying and bereaved. Published and lectures nationally and internationally on death, loss, illness and mind-body medicine.
This workshop is intended for widows and widowers and addressees the challenges involved with reconnecting yourself and the world after losing a spouse.
- 4. Parental Grief: Dispelling the Myths** (Session I)
Rosemary Mahan, RN, CPNP, CPON, Director of "Living In Love" - a pediatric palliative care bereavement program.
This workshop will address the needs of bereaved parents who have lost a child to cancer through direct research and experience. All bereaved parents and those working with bereaved parents will find this workshop helpful.
- 5. Do You Grieve When Your Children's Father Dies?** (Session II)
Clarice Spica Curry, LCSW, Bereavement Coordinator for Good Shepherd Hospice, Nassau Adjunct Professor, St. John's University, workshop presenter, facilitator trainer and in private practice.
Exploring positive coping skills and the dynamics of the grief process and dynamics of complicated grief. Recommended for divorced, separated and newly bereaved women.
- 6. The Depth of A Parent's Grief** (Session II)
Patricia Jones, B.A. Early Childhood, B.S. Family Development, M.S. Death & Dying. Private practice specializing in bereavement.
Workshop will focus on the many levels of grief parents experience when losing a child of any age. Guided meditation and ritual will be used. Parents please bring a picture of your child.
- 7. Healing After the Death of A Loved One from Suicide** (Session II)
Edward Paley, LCSW-R, ACSW
This workshop will discuss the unique characteristics of grief following suicide and how to begin the healing process.
- 8. Am I Going Crazy?** (Session II & III)
Diana Roscigno, LPN, Chapter Leader of Bereaved Parents of the USA, LI.
This workshop explores many of the confusing thoughts and emotions bereaved parents face as they discover their "New Normal". It offers hope, practical strategies and coping tools.

9. Grieving the Loss of A Friend (Session II)
Kathy Ryan, M.A. Theology, Certificate in Bereavement Counseling, 20 years experience in bereavement facilitating and counseling.
Very often when we lose a close friend our grief is ignored. In this workshop we will explore how to give time and expression to this loss.

10. The Grief of Children: A Journey Towards Healing (Session II & III)
Susan Thomas LCSW-R, CT, Director of Bereavement Services at Center for HOPE, Cohen's Children Medical Center, New Hyde Park, Certified thanatologist
Explore the unique ways in which children grieve focusing on the tasks of grief, developmental factors and strategies for coping. Workshop is designed for professionals and parents.

11. The Power of Play: Using Games and Activities to Help Grieving Children
Marianne Esolen, LCSW (Session III)
Licensed social worker with private counseling and consulting practice specializing in areas of illness, grief and crisis. Experience includes working with the American Cancer Society, Department of Health and Education Department.
Children grieve and grow in their own way with research documenting the healing power of physical play, movement and creative games. This workshop will provide an introduction to games and activities that help children to de-stress and heal.

12. The Loss of A Parent (Session III)
Jane Malone, Ph.D, LCSW, Bereavement Coordinator for Good Shepherd Hospice
This workshop will provide resources and supportive discussion in dealing with life changes after a parent's death.

SPIRITUALITY & SUPPORT FOR ALL LOSSES

13. Put on the Garment of Care, Comfort and Compassion (Session I)
Sister Ave Clark, O.P., M.A., M.S. M.P.S. Author, lecturer, Coordinator of Heart to Ministry. *Giving and receiving...hope, healing and acceptance and above all love-put on these garments together to experience comfort. Designed for persons who have experienced a tragic, sudden or deep loss and for all in bereavement support ministry.*

14. Feel It, See It, Say It (Session I)
Lori Marabella, ATR-BC, LCAT, Licensed NY State Creative Art Therapist, Board Certified Art Therapist.
Using the creative process you will be able to see what you feel enabling you to put words to feelings. Being able to see your feelings and discuss them enables healing to occur. All ages are invited to attend. No artistic ability needed.

15. Spirituality & Loss: Finding Meaning In Suffering (Session I & III)
Marilyn Martone, Ph.D, Ethicist, Research Fellow, Professor at St. John's University, Author of the book "Over the Waterfall".
This workshop will examine some theological and pastoral resources that are available when one's world is ripped apart by suffering and loss. All who have suffered a loss are invited to attend.

16. The Promise of Shalom: What Disability Tells Us About Life After Death
Mary Anne Russo (Session I)
M.A. Theology, Associate Director of the Ministry with Persons With Special Needs.
The Old and New Testament present a God who promises shalom-healing and wholeness. This workshop would explore the relation of Scripture to disability and the promise of eternal life. All ministers to the bereaved and the bereaved are invited to attend.

17. Blessed Are You: Healing In Times of Grief and Loss (Session II & III)
Christopher Catalano, B.A. Theology, M.A. Music Composition
Everyone has been touched by the pain of death and loss. This will be a special session of prayer, reflection and original music. This workshop is intended for all who grieve but will be especially helpful for those with recent loss and younger spouses.

18. Estate Planning After the Loss of a Loved One (Session II & III)
Frank G. D'Angelo, Esq. In private practice concentrating in Elder Law, Trust and Estates, Estate Planning and Estate Administration. He is a member of the National Academy of Elder Law Attorneys, founding member of Caring Families Funds, Inc. Adjunct professor of Long Island University C.W. Post.
This practical and informative workshop will focus on estate law planning that is needed after the loss of a loved one. Helpful resources provided.

19. From Surviving To Thriving: Stress Management Tools for Everyone
Marianne Esolen, LCSW (Session II)
Licensed social worker with private counseling and consulting practice specializing in areas of illness, grief and crisis. Experience includes working with the American Cancer Society, Department of Health and Education Department.
There is no life stress greater than dealing with the loss of a loved one. This interactive workshop focuses on daily lifestyle choices and concrete tips for promoting physical, emotional and spiritual wellness. For the bereaved and professionals.

20. Secondary Trauma: Helping the Helpers (Session II)
Jane Malone, Ph.D, LCSW, Bereavement Coordinator for Good Shepherd Hospice
This workshop is especially designed for all who cope with the pain and suffering of others on a daily basis: bereavement counselors, facilitators, medical personnel, funeral home staff, caregivers.

21. Deep Peace: Meditations on the Journey Inward and Outward
Diana Monks, LMSW, Ordained Interfaith Minister. (Session II & III)
A gentle conversation and experiential meditation to facilitate peace and healing for the bereaved.

22. Praying Our Goodbyes-A Spirituality of Change (Session II & III)
Suzanne Richards, M.A. Religious Education, Director of Parish Faith Formation.
Using Joyce Rupp's book of the same title, "Praying Our Goodbyes" we will learn to apply this understanding of loss and change in our lives. You need not buy the book or have read the book to attend this workshop. For anyone who is experiencing change or loss, bereavement facilitators and ministers of Consolation.

GENERAL LOSS

23. Using Mindfulness to Ride the Waves of Loss and Change (Session I)
Bobbie Comforto, LCSW Bereavement & trauma specialist in private practice, consultant, hospice work, Director of Bereavement WTC Family Program.
Learn how to use mindful awareness as a tool to navigate the strong emotions that arise from loss, trauma and change.

24. Dynamics of Unfinished Business (Session I)
Clarice Spica Curry, LCSW - Bereavement Coordinator for Good Shepherd Hospice, Nassau Adjunct Professor-St. John's University, workshop presenter, facilitator trainer and in private practice.
This workshop will examine the grief process and complicated issues including adult children grieving a divorced parent.

25. The Language of Grief (Session I)
Kathy Ryan, M.A. Theology, Certificate in Bereavement Counseling, 20 years experience in bereavement facilitating and counseling.
Language is a bridge to understanding the grief process. This is an interactive workshop where participants share as well as learn different words and metaphors to express grief. Designed for those during their first year of grief.

26. Assisting Your Grieving Family (Session I)
Lou Sabatini, Ph.D Counseling Psychology, Coordinator of Bereavement Center at St. Brigid's Parish.
This workshop will provide helpful strategies for parents in supporting their family through the death of a loved one.

27. Crisis As Opportunity (Session II)
Bobbie Comforto, LCSW and **Anne Chapman Kane** Ph.D
Two experts working in the bereavement field team up to present a workshop which explores ways in which the bereaved can find strength and meaning in times of loss, using strategies and experience. All who have suffered a loss are invited to attend.

28. I'm So Angry (Session II)
Marjorie Demshock, MS, LMHC, CCMHC, NCC, Bereavement Specialist, Adjunct Professor LIU and SUNY.
This workshop will focus on dealing effectively with the anger we feel at those we hold responsible for our loved one's death, the people we love who don't seem to understand what we are going through, ourselves, our deceased loved one and even God. We will explore problematic and effective ways for expressing and working through the anger we feel.

29. Guilt-Resolving Unfinished Business (Session II, III)
Carol Rubano, Director of Living Waters Counseling Center, Clinical Social Worker, Credentialed ASA Counselor
After the death of a loved one sometimes a survivor wished they shoulda, coulda done more or perhaps never resolved an issue. This workshop is designed to bring release to the survivor.

30. I Will Not Say Goodbye (Session III)
Patricia Jones, B.A. Early Childhood, B.S. Family Development, M.S. Death & Dying. Private practice specializing in bereavement.
This workshop is designed to encourage the spiritual relationship we have with our loved ones and rituals designed to honor the path to grief.

31. It's Been a Year Now and I'm Worse Now (Session III)
Margaret Peterson, RN, Mental Health Counselor bereavement and loss issues, Oncology and Critical Care background
This workshop is for the newly bereaved who find themselves struggling more now than they did during the first year after the death. Facilitators are welcome to attend.

FOR PROFESSIONAL AND VOLUNTEER FACILITATORS & CAREGIVERS

32. Understanding the Church's Teaching on Cremation (Session I)
Christopher Ferraro, M.A. Theology/Pastoral Studies.
This workshop will examine the Catholic Church's teaching on cremation. Intended for Ministers of Consolation, funeral directors or anyone interested in learning more about this teaching.

33. Creative Ways for Facilitating Your Group (Session I)
Kathryn Monaco-Douglas, Conference presenter and parish bereavement facilitator.
This workshop is intended for facilitators (or those interested in becoming one) for young widows/widowers groups. At this workshop helpful strategies to help your group bond and grow will be explored.

34. Skills Needed to Facilitate a Bereavement Support Group (Session I)
Edward Paley, LCSW-R, ACSW
This workshop is intended for anyone interested in forming and facilitating bereavement groups. Will provide an overview of the skills that are needed for both time limited and ongoing groups.

35. Healing Hearts After Homicide and/or Sudden Death (Session II, III)
Donna Kukura, MA Clinical Counseling, National Workshop Conference Presenter.
Strategies on what to do when working with those who have lost a child or sibling to sudden death or homicide. Time will be allotted for interaction and questions. This workshop is intended for all bereavement group facilitators and professionals.

36. We All Grieve Differently (Session II)
Margaret Peterson, RN, Mental Health Counselor bereavement and loss issues, Oncology and Critical Care background.
The goal of this workshop is to help facilitators understand the types of grief found in support groups such as anticipatory, disenfranchised, ambiguous or traumatic grief and to learn the most effective strategies for each situation.

37. Understanding the Catholic Funeral Rites and Liturgy (Session II)
Mary Alice Piil, CSJ, Ph.D, Director of Office of Faith Formation.
This workshop will provide participants with an understanding of the sacred meaning of the Catholic funeral rites which is an integral part of the grieving process. All funeral directors and ministers of consolation are invited to attend.

38. Facilitating Mixed Support Groups (Session II)
Lou Sabatini, Ph.D Counseling Psychology, Coordinator of Bereavement Center at St. Brigid's Parish.
This workshop is meant to assist bereavement facilitators who lead groups that combine widows/widowers, parents who have lost a child and individuals who have lost a sibling or parents learn strategies to form a cohesive group.

39. Inspiration for Hope: the Bereavement Facilitator as a Beacon of Hope
Allen W. Siegel, SFO, M.A., RN (Session II & III)
 Catholic/Interfaith Chaplain at South Nassau Communities Hospital, Oceanside. Member of National Association of Catholic Chaplains & Professional Chaplains, Hospital and Palliative Nurses Association, National Catholic Ministry to the Bereaved.
This engaging workshop explores the role of the person providing bereavement support as a source of inspiration for hope. All providing support and consolation to a person experiencing grief and loss are encouraged to attend.

40. Now That We Have Gotten Together, What Am I Supposed to Do With this Group? (Session III)
Marjorie Demshock, MS, LMHC, CCMHC, NCC, Bereavement Specialist, Adjunct Professor LIU and SUNY.
This workshop will explore the topics such group dynamics, building a cohesive support group, processing issues that arise in groups and group leadership skills especially as they relate to dealing with challenging group members.

Take advantage of discounted online registration at
<http://www.holyroodcemetery.org/Bereavement.html>
Conference fee \$50.00 – ONLINE ONLY

Conference Registration Form
"Blessed Are You"
 Kellenberg Memorial H.S., Uniondale, N.Y.
 Saturday, March 17, 2012- 8:30 am-5:30 pm

Name _____
 Address _____ NY _____
 Phone() _____
 E-mail _____

Check one: Bereavement Facilitator
 Bereaved Funeral Home Personnel

Workshops - Choose Three (3)
 Check last page for workshops schedule
 Choose one (1) from each time slot
 Insert Numbers of 3 Workshops with
 2nd Choice for each session, ex. 3 / 22:
 # _____ # 2 _____ # 3 _____

Conference Registration Fee
 (includes breakfast, lunch and conference folder)

Checks payable to: Catholic Cemeteries
 \$60.00 per person (mail in registration)
 \$70.00 per person (walk-in registration)
 No confirmations will be sent-No refunds after 3/15

Mail Registration Form and Check to:
Bereavement Conference
 Catholic Cemeteries - Diocese of Rockville Centre
 P.O. Box 182
 Westbury, NY 11590-0182

For questions regarding registration call:
 516-334-7990, Ext. 120 or 119

WORKSHOPS AND SHARING SESSIONS			
<i>Choose 3 – One from each column</i>			
Type of Loss	Wokshop I: 11:15-12:30	Workshop II: 1:30-2:45	Workshop III: 3:00-4:15
For Specific Loss	1. Supporting Survivors of Suicide Loss - Dale Camhi	5. Do You Grieve When Your Children's Father Dies? -Clarice Spica Curry	8. Am I Going Crazy? - Diana Roscigno
	2. Healing from Trauma and Sudden Death Loss - Bernadette Cioch	6. The Depth of A Parent's Grief - Patricia Jones	10. The Grief of Children: A Journey Towards Healing - Susan Thomas
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		9. Grieving the Loss of A Friend - Kathy Ryan	
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