



# Journeying Together in Times of Pain and Loss Bereavement Conference

For the Bereaved and those Ministering to Them

Saturday, March 25, 2017

8:30 a.m. to 2:30 p.m.

St. Joseph's Parish

39 N.Carll Ave.,

Babylon, NY 11702

## Conference Schedule

- 8:30 **Registration**  
Coffee and Continental Breakfast
- 9:00 **Welcome – Introductions**  
**Opening Prayer**
- 9:30 **Keynote Presentation**  
**Dr. Kerriane Page**  
*Chief Medical Officer Hospice,  
Palliative Care & Home Care Services  
Catholic Health Services of Long Island*
- 11:00 **Workshop I**  
(choose one workshop)
- 12:15 **Lunch**
- 1:15 **Workshop II**  
(choose one workshop)

## Keynote Address: The Health Effects of Bereavement

Dr. Kerriane Page  
Chief Medical Officer Hospice,  
Palliative Care & Home Care  
Services Catholic Health Services of Long Island  
Dr. Page has 20 years of experience as a medical  
director and clinician with expertise in enhancing  
the care of people dealing with a serious and  
life-limiting illness. She joined Catholic Health  
Services in 2012, and is responsible for the  
medical component of Good Shepherd Hospice's  
patient care program, Palliative Care Consultation  
Services in several CHS hospitals, and serves as  
the Medical Director for Catholic Home Care, the  
health system's certified home health agency.



## Workshops will include topics on

Finding Forgiveness in Time of Grief | Grief as a Family |  
Grieving Teenagers | Management of Perinatal Loss | Men  
and Grief | Bereavement Group Facilitation | Dealing with  
Loss Due to Suicide | and more

*All faiths are welcome!*

For more info and to register, visit [www.drvc-faith.org/bereavement](http://www.drvc-faith.org/bereavement)  
Or call 516-678-5800 ext. 506

Sponsored by the Diocese of Rockville Centre Office of Faith Formation and Catholic Cemeteries



*"Blessed are they who mourn for they shall be comforted." Matthew 5:4*

# Workshops

Please choose one workshop from those offered at Session I  
and choose one workshop from those offered at Session II

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## 1. How Can I Help You to Say Goodbye? (Sessions I & II)

**Suzanne Richards, M.A.**, Religious Education, Dominican Associate, Adjunct Instructor, Molloy College, Certified Catechetical Leader – DRVC, Former Corporate Trainer, Pastoral Associate at Christ the King Parish in Commack, NY

A look at various ways (prayer, song, scripture, support groups, counseling) that assist an individual to say "goodbye" to his or her loved one. *This workshop will be helpful to the bereaved and to those who minister to them.*

## 2. Finding God in Times of Grief (Sessions I & II)

**Rev. Anthony Stanganelli, M.Div., STL, Dogmatic Theology.** Father Tony has been a Roman Catholic Priest for thirty-eight years for the Diocese of Rockville Centre. He is currently the Pastor of St. Brigid's Parish in Westbury, NY

Disappointment and discouragement so affect our faith relationship in moments of loss. Father will explore ways of praying through such loss. While this can be particularly helpful to the newly bereaved, it is really for *anyone who has suffered a loss.*

## 3. Helping Grieving Teenagers (Session I)

**Luciano Sabatini, Ph.D., Counseling, Psychology.** Over thirty years of experience in counseling the bereaved,. Bereavement Coordinator at St. Brigid's Parish in Westbury, NY and St. Bernard's Parish in Levittown, NY, Adjunct Professor at Hofstra University, Author of Bereavement Counseling in the School Setting

Teenagers often grieve differently, creating confusion and misunderstanding among the adults in their lives. This workshop will focus on effective child-centered strategies for helping grieving teenagers. *This workshop is helpful for all who live or work with teenagers.*

## 4. Men and Grief (for men only) (Session II)

**Luciano Sabatini, Ph.D., Counseling, Psychology.** Over thirty years of experience in counseling the bereaved,. Bereavement Coordinator at St. Brigid's Parish in Westbury, NY and St. Bernard's Parish in Levittown, NY, Adjunct Professor at Hofstra University, Author of Bereavement Counseling in the School Setting

This workshop, exclusively for men, seeks to examine the unique challenges grieving men face in our society and discuss strategies to effectively deal with grief, as well as opportunities to help. *This workshop is for men only.*

## 5. The Journey of a Heart of Love (Session I)

**Sr. Ave Clark, O.P., M.S., M.A., M.P.S., Certified Professional Counselor/Spiritual Director, Retreat Presenter, Coordinator of Heart to Heart Ministry**

Love encourages us to risk life again, to touch, feel, hope and find the amazing path of mercy and deep compassion. *This workshop is for all.*

## 6. Child Grief: Grieving in the Context of Child Development and the Facilitation of Healthy Coping (Session I)

**Maribeth McKeever, LCSW-R, BCD, New York State Licensed Social Worker, Board Certified Diplomat,** currently the Director of Bereavement at Good Shepherd Hospice and Coordinator of Gabriel's Courage Perinatal Support Program and **Michelle Graff, LCSW, NYS Licensed Social Worker and Bereavement Specialist** for Good Shepherd Hospice. Also works as a palliative care social worker for Catholic Health Services Outpatient Palliative Care Program.

This workshop is designed with practical information about age-appropriate grief reactions. It will discuss how to prepare children for the death of a loved one, grief in developmental stages, grief within the context of the family as well as therapeutic activities that can address a variety of grief reactions. *Workshop is for all professionals and non-professionals who interact with children.*

## 7. Perinatal Loss: Emily's Gift and Gabriel's Courage (Session I & II)

**Janet Stevens, MSN, BSN, RNC-OB, CNL, CNE, CCRN, CPLC, CBC, C-EFM, CCRN, Thirty-four years in nursing,** which includes, clinical, leadership and educational roles. **RTS (Resolve through Sharing) Perinatal Coordinator for CHSLI. National certification in perinatal loss care. Assistant Professor, Suffolk County Community College.**

A look at "Bridge to Hope" program available exclusively in our Catholic hospitals for dignified fetal disposition. Review of the Resolve through Sharing nursing model for dealing with families experiencing any pregnancy loss at any gestational age. In addition, a look at our program for utero hospice will be introduced. It is accessible for any patient in any hospital in Nassau or Suffolk Counties. *Workshop is for all, including physicians, social workers, chaplains, child life specialists, bereavement counselors and clergy.*

## 8. Steps in Growing Groups (Session I)

**Kathryn Monaco-Douglas and Arlene Ricca** facilitating bereavement groups for 12 years for young widows and widowers

*This class is designed to help facilitators or someone thinking about becoming a facilitator. Steps in growing groups- what is really needed. Come join us to learn different methods in achieving this.*

## 9. Why Go to Bereavement Group? (Session II)

**Kathryn Monaco-Douglas and Arlene Ricca** facilitating bereavement groups for 12 years for young widows and widowers

What would happen there?  
Can anyone help with this pain?  
Join us to help you see if this could be for you?

*This workshop is for those grieving who want information on the Bereavement Group.*

## 10. Blessed Are You- Healing in Times of Grief (Session I & II)

**Chris Catalano B.A., Catholic Theology, M.A., Music Composition**

Everyone has been touched by the pain of death and loss. This workshop will be a special session of prayer, reflection, and original music. **All in grief will benefit from these reflections.** This will be especially helpful for those with more recent losses, those who lost loved ones through illness, and those who lost younger spouses.

## 11. Dealing with the Strong Emotions that Arise in Grief (Session I)

**Margie Demshock, Licensed Mental Health Counselor and Spiritual Director in Private Practice in Hauppauge, NY**

*This workshop will explore some of the most common feelings/emotions that arise in grief including: Shock, numbness, denial, sadness, loneliness, longing, anger anxiety and guilt.* Attention will be given to a variety of practices that help people who are grieving to process and work through these feelings in effective ways. A packet of resources will be provided.

## 12. Grief as a Family Affair (Session II)

**Margie Demshock, Licensed Mental Health Counselor and Spiritual Director in Private Practice in Hauppauge, NY**

*This workshop will explore the impact the death of a loved one has on each member of the deceased's family as individuals and the family as a whole.* Attention will be given to meeting the varying needs of children/teens, siblings, parents, sons/daughters, grandparents and friends. A packet of resources will be provided.

## 13. Helping Parents to Cope with the Loss of an Adult Child (Session I)

**Margaret Peterson, RN (BSN), MS, Oncology, Mental Health Counselor, Specializing in Bereavement and Loss.** Worked in parish social ministry at Catholic Charities and as a Diocesan instructor in bereavement.

The workshop will offer insight and training into the unique aspects of the death of an adult child and how you can assist the parents in their grief journey. *This workshop is for bereavement facilitators, clergy, and all those in bereavement ministry.*

## 14. Coping with the Loss of an Adult Child to Suicide or Overdose (Session II)

**Margaret Peterson, RN, (BSN), MS, Oncology, Mental Health Counselor, Specializing in Bereavement and Loss.** Worked in parish social ministry at Catholic Charities and as a Diocesan instructor in bereavement.

The workshop will assist grieving parents and grandparents as they struggle to find ways to help themselves as they journey through this specialized grief. *This workshop is for parents and grandparents suffering the loss of an adult child.*

## 15. Out of Grieving, Grace (Session II)

**Kathleen Maurer-Smith, Ph.D., Dean, Division of Social Sciences, Associate Dean for Graduate Academic Affairs, Co-Director, Community Research Institute, Co-Chair, Molloy College Institutional Review Board, Professor of Sociology, Molloy College**

*The workshop will focus on coping with loss and will include the seven stages of grief and the four tasks of mourning.* Out of the grief process can come acts of love to help to move forward.

## 16. Grieving When a Couple Has a Child With Special Needs (Session I)

**Kathy Russell-Sica, M.S. Ed. – Special Education – Early Child, Teacher at Association for Children With Down Syndrome, DRE, Coordinator of Office of Special Needs to DRVC, Ongoing Study of M..S. in Theology**

This workshop will address the grief parents experience when having a child who has special needs. How to handle this natural response. *This workshop is for parents, caregivers, grandparents who have a child who has special needs.*

# Workshops

Please choose one from those offered at Session I (11:00 a.m to 12:15 p.m.)  
and choose one from those offered at Session II (1:15 p.m to 2:30 p.m.)

Please see the chart below or the descriptions on the previous pages as not all workshops are offered at both sessions.

Session I: 11:00 a.m. - 12:15 p.m.	Session II: 1:15 p.m. - 2:30 p.m.
1. How Can I Help You to Say Goodbye?	1. How Can I Help You to Say Goodbye?
2. Finding God in Times of Grief	2. Finding God in Times of Grief
3. Helping Grieving Teenagers	4. Men and Grief (for men only)
5. The Journey of a Heart of Love	7. Perinatal Loss: Emily's Gift and Gabriel's Courage
6. Child Grief: Grieving in the Context of Child Development	9. Why go to Bereavement Group?
7. Perinatal Loss: Emily's Gift and Gabriel's Courage	10. Blessed Are You – Healing in Times of Grief
8. Steps in Growing Groups	12. Grief as a Family Affair
10. Blessed Are You – Healing in Times of Grief	14. Coping the Loss of an Adult Child to Suicide or Overdose
11. Dealing with the Strong Emotions that Arise in Grief	15. Out of Grieving, Grace
13. Helping Parents to Cope with the Loss of an Adult Child	<div style="border: 1px solid black; padding: 5px;"> <p style="margin: 0;">FROM SOUTHERN STATE Take Southern State to EXIT 395 (SOUTH), which is ROUTE 231. Stay in RIGHT LANE, and follow ROUTE 231 to the end, which is MONTAUK HIGHWAY. Head WEST (RIGHT TURN) on Montauk Highway. Go to THIRD TRAFFIC LIGHT, which is CARIL AVENUE (Fire House on Northwest Corner), make a RIGHT, St. Joseph's Church is on RIGHT SIDE of street next to corner. Parking is back of Church and across the street from front entrance.</p> </div>
16. Grieving When a Couple Has a Child with Special Needs	

## Bereavement Conference Registration Form

*To register please submit the form below or visit [www.drvc-faith.org/bereavement](http://www.drvc-faith.org/bereavement)*

*Please forward the completed registration form along with a check payable to The Office of Faith Formation.  
Mail to: Carolann Malinowski, Diocese of Rockville Centre, P.O. Box 9023, Rockville Centre, NY 11571-9023.*

Name \_\_\_\_\_ Parish \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Check One:  Bereaved     Bereavement Facilitator     Funeral Home Personnel     Other \_\_\_\_\_

### Workshops

*Please make one choice from each time slot by inserting the workshop number.*

Workshop Session I (11:00 a.m. - 12:15 p.m.) \_\_\_\_\_ Workshop Session II (1:15 p.m. - 2:30 p.m.) \_\_\_\_\_

Conference Registration fee \$35.00 per person (includes breakfast and lunch)

Amount Enclosed \_\_\_\_\_